

**THANK YOU:** Thanks to all who support the Charity Bowling on the 31st October in aid of the Caroline Dowling Memorial Fund for Carlow/Kilkenny Home-care. A total of €1,800 was raised.

#### ACTIVE RETIREMENT

Trip to the Arboretum next Thursday 13th January. Bus will leave Church Car Park at 4 p.m.

**IRISH GRINDS** available in the Tullow area. All levels. Phone 087 9339253.

**Yoga-Slim:** A unique yoga approach to losing weight including tips on nutrition and diet. Relaxing yet energising six week course, €72 euro, begins on Monday 24th in Teach Bhríde, Tullow. All welcome. Call Deirdre on 086 2510856.

**ZUMBA CLASSES** start in Mt Wolseley Hotel leisure Centre this Tuesday night 11th January at 8.30 p.m. €10 per class. The first class on Tuesday 11th will be a free class for everybody. ZUMBA is a dance fitness workout that fuses hypnotic Latin rhythms with easy-to-follow moves to create a calorie-burning exercise class that's more like a party than a workout. Booking is essential. Phone Jolanta on 087 9754687

#### NEW OPPORTUNITY FOR WOMEN TO RETURN TO EDUCATION

For many women young and old, life often gets in the way of completing or returning to education and fulfilling a desired career or goal. The New Steps Programme is now offering women across the County an exciting opportunity to address this and build careers and further education roadmaps for their own future. Part of this initiative is a ten week course taking place in Forward Steps Resource Centre, Tullow commencing on Tuesday 25th January for three mornings a week. During this programme participants will gain personal development, communication and computer skills, participants will also receive one to one mentoring support and career and education exploration through out. This programme is funded by the European Social Fund and the Department of Community, Rural and Gaeltacht Affairs. Contact Jacqui on 086 8283637.

#### Are You Depressed? Need Support? Can we Help?

*Moving On Overcoming Depression (MOOD) is a voluntary organisation which holds support group meetings throughout the Southeast Region. The groups are facilitated by trained volunteers who are experienced in dealing with those affected by depression. All groups are confidential, non-judgemental and free. For further information email moodsupport@hotmail.com or 087 9498100.*

**Pilates Class** will resume in Killarig Resort on Tuesday January 18th at 8.15 p.m. Booking essential. Contact Suzanne on 086 2113517.

**FOR SALE:** Sticks for stoves. Bags or bulk. Contact 085 7509462.

**SHOP FOR RENT** in Tullow town. Phone 087 2582597.

**EXERCISE CLASSES** starting in Teach Bhríde, Tullow on Monday 17th January and every Monday and Wednesday thereafter from 7.30—8.30 p.m. €6 per class. Phone Emma on 085 1139842.

## TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER



9th January, 2011. The Baptism of the Lord.

**"This is my Son, the Beloved: my favour rests on Him".**

Through his baptism by John at the waters of the Jordan, Jesus had a deep experience of being loved and blessed by the Father. He was now given his mission to proclaim the Kingdom of God.

Through our baptism, we have all become God's beloved sons and daughters. God's favour rests on us. God's spirit dwells within us. As brothers and sisters of Jesus Christ, we are called to make his kingdom real on earth here and now.

*"I, the Lord have called you.*

*I have taken you by the hand and formed you"*

### ANNIVERSARIES

**PLEASE PRAY FOR** Sr. Ailbe O'Brien, The Convent who died recently.

**ANNIVERSARY MASS** for T.J. Murphy, Rathbawn today Sunday 9th January at 9.30 a.m. in Grange Church.

**MONTH'S MIND MASS** for Betty St Ledger, Dublin Road, today Sunday, 9th January at 11.30 a.m. in Tullow Church.

#### ANNIVERSARY MASSES FOR FRIDAY 14TH JANUARY, 7.30 P.M.

Mrs Annie Darcy, 5 St. Austins. John & Ellen O'Toole & son Sean and deceased family members, 16 Castledermot Road.

Shane O'Neill, 75 Hillbrook Estate. Michael & Betty O'Toole, late of Castledermot Road. Maureen Healy, The Square. Christy Doyle, St. Austins Terrace. James Keogh, Knockeen. Nora & Michael McLoughlin, Barrack Street.

**MONTHS MIND MASS** for Mary Shannon, 60 Dublin Road next Saturday night 15th January at 7.30 p.m.

**FIRST ANNIVERSARY MASS** for Artie Thompson, Castledermot Road next Sunday 16th January at 11.30 a.m.

## CARE OF THE ELDERLY CHRISTMAS PARTY

will be held today Sunday, 9th January  
from 4.00 p.m. to 8.00 p.m. in Murphy Memorial Hall.

## CHRISTIAN UNITY

To celebrate the week of prayer for Christian Unity, Rev Andrew Orr will preach at the 7.30 p.m. Mass next Saturday 15th January in the Parish Church.

### Dates for your Diary

**Tullow:** *First Holy Communion:* Saturday 28th May 11.30 a.m.  
*Confirmation:* Saturday 14th May 11.30 a.m.

**Ardattin:** *First Holy Communion:* Sunday 29th May 10.30 a.m.  
*Confirmation:* Sunday 22nd May 10.30 a.m.

**Grange:** *First Holy Communion:* Sunday 29th May 9.30 a.m.  
*Confirmation:* Saturday 11th June 9.30 a.m.

### SERVERS FOR THE COMING WEEK GROUP 4 BOYS

Calvin Condron, Marshall Condron.  
Gregory Phelan, Charlie Ward.  
Nathan Doyle, James Doyle and Dean Brown.

#### Groups for Sunday:

**8.30 a.m.** Nathan Doyle, James Doyle,  
Dean Brown.

**11.30 a.m.** Calvin Condron, Marshall  
Condron, Gregory Phelan.

### MASSES

**TULLOW:** Sundays: Vigil Mass: Saturday at 7.30 p.m.

Sunday 8.30 a.m. and 11.30 a.m.

**Holy Days:** Vigil 7.30 p.m. (except Sundays) 8.30 a.m., 11.30 a.m. and 7.30 p.m.

Weekdays: Monday to Friday 9.30 a.m.

Friday 7.30 p.m.

Saturday: 10.00 a.m.

**GRANGE:** Sundays & Holy Days: 9.30 a.m.

**ARDATTIN:** Sunday & Holy Days: 10.30 a.m.

Email: [tullowparish@eircom.net](mailto:tullowparish@eircom.net)

### PRIESTS OF THE PARISH PHONE NUMBERS

**Fr. Brendan Byrne**

059 9152159

087 6646616

**Fr. Andy Leahy**

059 9180641

087 9438270

### CRISP TULLOW

Internet and E-mail course starting Tuesday  
18th January 2.30—4.30 p.m.  
Contact Ann or Melissa on 9181795.

### TULLOW ACTIVE RETIREMENT

Trip to see the classic fairytale The Snow Queen on Saturday 15th January at the George Bernard Shaw Theatre in Carlow. Cost is €12 to include transport and show. Bus will leave Church Car Park at 2.15 p.m. Bookings to Bernie in Forward Steps before Friday at 12 noon. Bookings for the 3 Tenors Show for the 5th February are now being taken by Bernie. Cost is €30 to include show and transport.

### ACTIVITIES

Bridge Classes on Wednesday at 7.30 p.m. in Forward Steps.  
Tai Chi Thursdays at 11 a.m. in Forward Steps.  
Yoga Friday at 11 a.m. in Teach Bhride.  
Bowls and Aqua Aerobics are ongoing.  
All information on ARA notice board in Forward Steps.

### NIGHT CLASSES AT TULLOW COMMUNITY SCHOOL

Two night classes will commence in Tullow Community School on Tuesday 25th January.

The first is a Fetac Level 5 module entitled "Child Development". This is one of eight modules required to gain a Fetac Certificate in Childcare and will run one night per week for 10 weeks.

The second course is Computers for Beginners, aimed at encouraging those who have little or no experience of computers to get started for 2011.

If you are interested in either course contact 059 9151475 or e-mail [tulcomcw@eircom.net](mailto:tulcomcw@eircom.net)

Tullow Parish Community Centre. Phone: 059 9151277. Fax: 059 9151624.

### TULLOW BINGO

Every Thursday night at 8.30 p.m. in Murphy Memorial Hall. Hickson's jackpot will be €300 next week.

### Tullow School of Speech and Drama

Classes resume on Monday 10th January. Phone 059 9151185.

### Padre Pio Pilgrimage 2011

August 8th for 7 nights, Benevento and San Giovanni. Also visiting the Shrine of St. Philomena and St. Gerard and the Miracle of the Eucharist in Lanciano. Saving scheme is now open. Phone Brendan Byrne on 087 6349103.

### BAPTISMS IN TULLOW PARISH

Baptisms in Tullow Church are at the following times:

**1st and 3rd Saturdays** of the month at 5 p.m.

**2nd and 4th Sundays** of the month at 2 p.m.

**BAPTISMS IN GRANGE** will be held on the **1st and 3rd Saturdays** of each month at 4 p.m.

**BAPTISMS IN ARDATTIN** will be held on the **2nd and 4th Saturdays** of each month at 4 p.m.

Please contact Parish Centre on 059 9151277.